

SUMMERTIME FUN WITH

ECFE

Summer games scavenger hunt

Give it a try with your little ones and share a photo or two on our Facebook page.

facebook.com/AnokaHennepinECFEandPreschool
#summerfunwithECFE



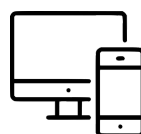
- | | |
|--|--|
| <input type="radio"/> jump across a room | <input type="radio"/> walk on hands and feet |
| <input type="radio"/> hop on one foot 10 times | <input type="radio"/> do 5 jumping jacks |
| <input type="radio"/> jog in place for 2 minutes | <input type="radio"/> do 10 frog jumps |
| <input type="radio"/> bounce a ball | <input type="radio"/> do 3 push ups |
| <input type="radio"/> kick a ball | <input type="radio"/> stretch as high as you can |
| <input type="radio"/> throw a ball as far as you can | <input type="radio"/> march in place |
| <input type="radio"/> walk backwards | <input type="radio"/> do 8 sit ups |
| <input type="radio"/> reach your fingers to your toes | <input type="radio"/> walk like a crab |
| <input type="radio"/> balance on one foot for 30 seconds | <input type="radio"/> turn on some music and dance |



EARLY CHILDHOOD FAMILY EDUCATION



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